

MIDDLE/HIGH SCHOOL LUNCH OPTIONS

Sandwich Variety: Sandwiches will be on a Kaiser Roll

1. Homemade Tuna
2. Deli Turkey
3. American Cheese
4. Hummus on Flat Bread W/ Cucumber Slices /Offered Tuesday thru Friday
5. Homemade Chicken Salad/ Offered Tuesday thru Friday
6. **Sun Butter W/Jelly
7. Bagel (Plain, Buttered or Cream Cheese)
8. Turkey Ham & American Cheese
9. Ham & American Cheese

All Sandwiches are served on a Kaiser Roll

Salads: Are offered plain or with Protein (Veggie Salad /Chef Salad)

Homemade Salads are made with three types of lettuce (Romaine, Iceberg and Red leaf)

Veggie Wrap (Lettuce, Tomato, Shredded Carrots, and Red Peppers)

Burritos:

1. Chicken
2. Vegetarian

Hot Lunch Alternative: One option offered each day

April 5 Hamburger or Veggie Burger on a Bun

Baked French Fries

April 6 Chicken Fajita on a Pita

April 7 Pasta with Homemade Meat Sauce

April 8 Roasted Chicken

Stuffing

April 9 Beef Taco W/ Soft Shell Wraps

All meals are served with a grain, fruit, vegetable and choice of milk

