



LUNCH MENU*

SEPTEMBER 2005

		Aug 31	1	2	<p style="text-align: center;"><u>Daily Sandwich Choices</u> <u>in All Schools</u></p> <p>Choice of bread, roll, or bagel. Sliced turkey, tuna salad, bologna, American cheese, peanut butter and jelly. A Sandwich is a substitute for the main item of the Lunch Menu</p> <p>Two 4 oz. D'Animals Yogurt may be selected as a lunch alternate</p> <p>Second entrée available for \$1.50.</p> <p><u>Freshly made Chef Salad</u> available daily upon request at Jackson, Cantiague, and Seaman.</p> <p><u>Middle School/High School</u>- French Fries are available with lunch upon request.</p> <p>With Lunch a student may select Low-Fat Chocolate, Whole White, 1% White, Skim Milk. Also available with Lunch - Fruit Punch. Also available At Elementary Schools 4 oz. Orange Juice and 4 oz. Apple Juice.</p> <p style="text-align: center;">***NOW AVAILABLE***</p> <p><u>Lunch Prices</u></p> <table style="width: 100%; border: none;"> <tr> <td style="padding-left: 20px;"><i>Elementary</i></td> <td style="text-align: right;">\$2.00</td> </tr> <tr> <td style="padding-left: 20px;"><i>MS/HS</i></td> <td style="text-align: right;">\$2.00</td> </tr> <tr> <td style="padding-left: 20px;"><i>Milk</i></td> <td style="text-align: right;">\$.40</td> </tr> </table> <p><u>Prepaid Lunches</u></p> <p><u>1/2 Year (Sept. through Jan.):</u></p> <table style="width: 100%; border: none;"> <tr> <td style="padding-left: 20px;"><i>Elementary</i></td> <td style="text-align: right;">\$ 178.00</td> </tr> <tr> <td style="padding-left: 20px;"><i>Middle/High School</i></td> <td style="text-align: right;">\$ 178.00</td> </tr> </table> <p><u>Full Year:</u></p> <table style="width: 100%; border: none;"> <tr> <td style="padding-left: 20px;"><i>Elementary</i></td> <td style="text-align: right;">\$ 344.00</td> </tr> <tr> <td style="padding-left: 20px;"><i>Middle</i></td> <td style="text-align: right;">\$ 338.00</td> </tr> <tr> <td style="padding-left: 20px;"><i>High</i></td> <td style="text-align: right;">\$ 326.00</td> </tr> </table> <p><i>High School ends 6/8/06</i></p> <p style="text-align: center;">SUGGESTIONS WELCOME!</p> <p style="text-align: center;">Tracy Gilet 203-3600, ext. 3258 Cafeteria Manager</p>	<i>Elementary</i>	\$2.00	<i>MS/HS</i>	\$2.00	<i>Milk</i>	\$.40	<i>Elementary</i>	\$ 178.00	<i>Middle/High School</i>	\$ 178.00	<i>Elementary</i>	\$ 344.00	<i>Middle</i>	\$ 338.00	<i>High</i>	\$ 326.00
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5 SCHOOL CLOSED	6 Hebrew National Hot Dog On A Bun Baked Beans Sauerkraut, Pickles Oven Fries Chilled Fruit	7 Crispy or Spicy Breaded Chicken On A Bun Lettuce, Tomato, Pickles Sun Sweetened Raisins	8 Pasta Ala Jericho Homemade Meat or Marinara Sauce Salad Cup/Non Fat Dressing French Bread Fruit Cup	9 Pizza Garden Salad Non Fat Dressing Choc/Vanilla Dixie Ice Cream Cup Pineapple Tid Bits																	
12 Teriyaki Chicken Wonder Bites Dippers Steamed Rice Peas & Carrots Mixed Fruit Cup	13 Deli Style Hero Salad Cup Non Fat Dressing Low Fat Chips Orange Slices	14 Pasta With Meatballs Homemade Marinara Sauce Homemade Garlic Bread Garden Salad Fresh Apple	15 Grilled Chicken Breast Patty On A Bun Lettuce, Tomato, Pickles Steamed Broccoli Fruit Cup	16 Pizzeria Style Pizza Cole Slaw Choc/Vanilla Dixie Ice Cream Cup Fruit																	
19 Popcorn Chicken Whole Wheat Pita Seasoned Green Bean Salad Sun Sweetened Raisins	20 Grilled Cheese Sandwich Homemade Noodle Soup w/Vegetables Low Fat Chips Fresh Fruit	21 Taco Hard Or Soft Shell Shredded Cheese/Lettuce Salsa Fluffy Rice Dried Fruit Cup	22 Charbroiled Burger Or Veggie Burger On A Bun Lettuce, Tomato, Pickle Oven Baked Fries Fresh Fruit	23 Pizza Cucumber Salad Jello with Fruit Apple																	
26 All American Burger Or Veggie Burger On A Bun Choice of Toppings Oven Baked Smiley Face Fries Chilled Pears	27 Pizza Bagel Garden Salad Non Fat Dressing Jello with Fruit Fruit Cup	28 Sloppy Joe On A Bun Steamed Rice Vegetable Soup Carrot Sticks Chilled Peaches	29 Pasta Ala Jericho Homemade Meat or Marinara Sauce French Bread Fresh Cut Carrot Sticks Fruit	30 Chicken Tenders & Mozzarella Sticks Marinara Sauce For Dipping Dinner Roll Pasta Salad w/Vegetables Applesauce																	