



January 2007

1	2	3	4	5	<p><u>Daily Sandwich Choices</u> <u>in All Schools</u></p> <p>Choice of bread, roll, or bagel. Sliced turkey, tuna salad, bologna, American cheese, peanut butter and jelly. A Sandwich is a substitute for the main item of the Lunch Menu Two 4 oz. D'Animals Yogurt may be selected as a lunch alternate Second entrée available for \$1.50. <u>Freshly made Chef Salad</u> available daily upon request at Jackson, Cantiague, and Seaman. <u>Middle School/High School</u>- ½ cup of French Fries are available daily upon request for High School and Middle School students. With Lunch a student may select Low-Fat Chocolate, Whole White, 1% White, Skim Milk. Also available with Lunch - Fruit Punch. Also available At Elementary Schools 4 oz. Orange Juice and 4 oz. Apple Juice. ***NOW AVAILABLE***</p> <p><u>Lunch Prices</u></p> <table style="margin-left: 20px;"> <tr><td><i>Elementary</i></td><td>\$2.00</td></tr> <tr><td>MS/HS</td><td>\$2.00</td></tr> <tr><td>Milk</td><td>\$.40</td></tr> </table> <p>Prepaid Lunches <u>½ Year(Sept. through Jan.)</u></p> <table style="margin-left: 20px;"> <tr><td><i>Elementary</i></td><td>\$ 180.00</td></tr> <tr><td><i>Middle</i></td><td>\$ 180.00</td></tr> <tr><td><i>High</i></td><td>\$ 180.00</td></tr> <tr><td><i>Kindergarten</i></td><td>\$128.86</td></tr> </table> <p><u>Full Year:</u></p> <table style="margin-left: 20px;"> <tr><td><i>Elementary</i></td><td>\$344.00</td></tr> <tr><td><i>Middle</i></td><td>\$ 339.00</td></tr> <tr><td><i>High</i></td><td>\$ 326.00</td></tr> <tr><td><i>Kindergarten</i></td><td>\$294.84</td></tr> </table> <p><i>High School ends 6/6/07</i></p> <p>SUGGESTIONS WELCOME! Tracy Gilet 203-3600,ext.3258 Cafeteria Manager</p>	<i>Elementary</i>	\$2.00	MS/HS	\$2.00	Milk	\$.40	<i>Elementary</i>	\$ 180.00	<i>Middle</i>	\$ 180.00	<i>High</i>	\$ 180.00	<i>Kindergarten</i>	\$128.86	<i>Elementary</i>	\$344.00	<i>Middle</i>	\$ 339.00	<i>High</i>	\$ 326.00	<i>Kindergarten</i>	\$294.84
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SCHOOL CLOSED	Hebrew National Hot Dog On A Bun Baked Beans, Sauerkraut Oven Baked Tater Tots Chilled Peaches	Rotini Pasta Homemade Marinara Sauce Meatballs Italian Bread Garden Salad/Non-Fat Dressing Cherries	Mozzarella Sticks Marinara Dipping Sauce Chicken Strips Steamed Broccoli Pineapple Tid Bits	Big Daddy Pizza Salad Cup Non-Fat Dressing Chocolate Pudding Cherries																							
8	9	10	11	12																							
Grilled Cheese Sandwich Homemade Vegetable Soup Pickle Cup Baked Low Fat Chips Fresh Apple	Chicken Wonder Bites w/Teriyaki Sauce Baked Potato Mini Carrots Fresh Oranges	Tacos Soft or Hard Shells Shredded Lettuce Cheese, Salsa Rice Chilled Fruit	Crispy Or Spicy Chicken On A Bun Lettuce, Tomato, Pickles Steamed Broccoli Fresh Apple	Pizza Mini Carrots Yogurt Dipping Sauce Jello Fruit																							
15	16	17	18	19																							
SCHOOL CLOSED	Chicken Nuggets Brown Rice Homemade Vegetable Soup Mini Carrots-Yogurt Dip Fresh Orange	Pasta Ala Teresa Homemade Meat Or Marinara Sauce Italian Bread Salad/Non Fat Dressing Fresh Orange	Char-Broiled Burger Or Veggie Burger w/Cheese On a Bun Oven Baked Fries Lettuce, Tomato, Pickle Ketchup Fresh Apple	Whole Wheat Pizza Garden Salad W/Non-Fat Dressing Chocolate Pudding Fresh Apple																							
22	23	24	25	26																							
Chicken Fingers On a Bun Mashed Potatoes Sweet Peas Fresh Apple	Boars Head Deli Style Sandwich Homemade Chicken Soup Mini Carrots/Yogurt Dip Fresh Orange	Baked Ziti Cheese(No Meat) Salad-Non Fat Dressing Fresh Orange	Nacho Grande Taco Meat, Tortilla Chips Shredded Cheese Salsa, Sour Cream Lettuce & Tomato Cherries	Big Daddy Pizza Three Bean Salad Fruit																							
29	30	31	9	9																							
Pizza Bagels Mini Carrots Fresh Fruit	Popcorn Chicken Baked Potato Steamed Broccoli Fresh Fruit	Teresa's Homemade Marinara Sauce Served With Mozzarella Cheese Over Penne Pasta Mini Carrots Yogurt Dipping Sauce Fresh Fruit																									