

VARSITY RELEASE PHYSICAL EDUCATION PROPOSAL

CRITERIA:

Students who wish to participate in the substitute Physical Education program must be varsity athletes in Grades 10 – 12 only.

REGULATIONS:

1. Student must submit a written proposal to the Physical Education teacher (see reverse side)
 - a. Included the reason for substitution i.e., Athlete requires extra study time, athlete wishes to serve as a teaching assistant in a high school Physical Education class for the sport he/she plays
2. Student must score 75% or better on the Physical Fitness test given by the department.
3. Substitute Physical Education program will be taken into consideration on a seasonal basis.
4. Student may seek exemption only when their sport is “in season”.
 - a. “in season” is defined as the day from which the team roster is submitted to the Director of Health, Physical Education and Athletics, until the day after the last scheduled game for that sport.
5. Student must return to their regular physical education class the day after the last scheduled game for that sport.
6. Student must report to their Physical Education teacher **at the beginning of class** for attendance purposes! Failure to report to class will result in a cut.

FAILURE TO COMPLY WITH REGULATIONS may result in:

1. Application being denied
2. Failing the quarter

YOU MUST RETURN TO
PHYSICAL EDUCATION
THE DAY AFTER YOUR SPORT ENDS

**JERICHO HIGH SCHOOL
DEPARTMENT OF PHYSICAL EDUCATION
SUBSTITUTE PHYSICAL EDUCATION PROPOSAL**

**YOU MUST RETURN TO PHYSICAL EDUCATION
THE DAY AFTER YOUR SPORT ENDS**

YOU MUST ATTAIN 75% ON THE PHYSICAL FITNESS TEST

NAME _____ **VARSITY SPORT** _____

P.E. Period: _____ **Day:** _____ **GRADE** _____ **PFT SCORE** _____

SIGNATURES REQUIRED:

STUDENT _____

PARENT/GUARDIAN _____

VARSITY COACH _____

PHYSICAL EDUCATION TEACHER _____

In the space provided below, write your proposal:

**SPECIAL NOTE: STUDENT MUST RETURN TO REGULAR
PHYSICAL EDUCATION CLASS IF REMOVED OR NO
LONGER A MEMBER OF THE TEAM.**