

Assessment of Holden's Character

Mental Health Board Trial

Directions: Complete this psychological assessment of Holden Caulfield's mental health based on your understanding of the text and observations during the trial. You may use this assessment sheet while writing your persuasive essay about Holden's mental health.

Psychological Traits Check List

Indicate which traits you believe apply to Holden and may indicate mental instability.

- Exaggeration
- Depression
- Isolation / Alienation
- Violent Outbursts
- Lying
- Nervousness
- Fantasy World
- Emotionally Unstable
- Immature Relationships with Women

Causes of Depression

As you observe the mental health board trial, take notes on any events that may have contributed to Holden's depression. Note the witness(es) who drew attention to each event.

Evidence Presented at Trial

Write down any specific evidence or events cited by the witnesses that may indicate Holden is in fact mentally unbalanced.
